



8031 114<sup>th</sup> Ave, Suite 4000, Largo, FL 33773

PHONE: 727.527.1072 FAX: 727.527.6758

**CERTIFICATE OF ANALYSIS / CERTIFICATE OF CONFORMANCE**

**PRODUCT NAME:** Sustain Sleep (F6498)  
**PRODUCT LOT NO:** 720757  
**ORIGIN:** United States  
**CUSTOMER:** Suncoast Health Brands  
**MANUFACTURING DATE:** 09/29/2017  
**EXPIRATION DATE:** 09/2019

**IDENTITY**

Test	Method	Specification	Result
Organoleptic – Appearance	D-722	Clear purple banded capsule with purple inner capsule and liquid fill	Conforms
FTIR	D-823	NLT 0.90 correlation when compared to finished product blend standard	1.00

**PURITY**

Test	Method	Specification	Result
Total Aerobic Count	D-715	NMT 10,000 cfu/g	280 cfu/g
Total Yeast and Mold	D-715	NMT 1,000 cfu/g	None detected
E. coli	D-715	Negative	Negative
Salmonella	D-715	Negative	Negative
P. aeruginosa	D-715	Negative	Negative

**COMPOSITION**

Test	Method	Specification	Results
Weight Variation	D-712	Conforms to USP <2091>	Conforms
Disintegration	D-703	NMT 30 minutes	2 minutes outer capsule 5 minutes inner capsule

**STRENGTH PER UNIT DOSE by Analysis**

Ingredient	Claim	Method	Specification	Result
Melatonin	10 mg	USP	NLT 100% of Claim	101%



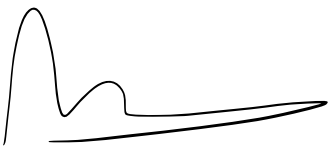
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**STRENGTH PER UNIT DOSE by Analysis and Ingredient Addition Verification**

<b>Ingredient</b>	<b>Claim</b>	<b>Specification</b>	<b>Result</b>
<b>Circadian Sleep Blend</b>	<b>215 mg</b>	<b>NLT 100% of Claim</b>	<b>105%</b>
Valerian Root Extract (0.8% Valerenic Acid)			
Hops Extract (5% Flavones)			
L-Tryptophan			
L-Theanine			
Magnesium Oxide			
Tricalcium Phosphate			

**Other Ingredients:** Medium Chain Triglyceride Oil, Gelatin, Magnesium Stearate, Silicon Dioxide, Polysorbate80, Titanium Dioxide, FD&C Red 40, FD&C Red 3, FD&C Blue 1

Prepared By:   
*Kimberlee Burris – Quality Systems Manager*

Date: October 11, 2017